



Association of Anaesthetists

Online Core Topics Birmingham

Friday 8 October 2021

9:30 – 14:30 (log in available from 09:15)

Organiser: Drs Nicholas Murphy and Laura Tasker, Queen Elizabeth Hospital, Birmingham Programme

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| 09:15 | Log in available |
| 09:30 | Pain relief for the trauma patient
Dr Laura Beard, Worcestershire Royal Hospital, Worcester |
| 10:00 | Transfer of the critically ill over the COVID pandemic, organisation and outcomes
Dr Richard Browne |
| 10:30 | 5 standout papers in the last year related to anaesthesia and critical care
Dr Jaimin Patel, Birmingham |
| 11:00 | Organ donation update – consent, the law and the future
Dr Tom Billyard, University Hospital Coventry & Warwickshire |
| 11:30 | Lunch break |
| 12:30 | An update in ophthalmic anaesthesia
Dr Santhana Kannan, Birmingham City Hospital |
| 13:00 | An update in vascular anaesthesia
Dr Frances Lay, Russells Hall Hospital, Dudley |
| 13:30 | Enhanced care unit - what, why and how
Dr Jigneshbhai Patel, Queen Elizabeth Hospital, Birmingham |
| 14:00 | Wellbeing for anaesthetists - how to manage and prevent burnout
Dr Emma Plunkett, Queen Elizabeth Hospital, Birmingham |
| 14:30 | Close of meeting |



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Learning objectives

- 09:30** **Pain relief for the trauma patient**
Dr Laura Beard, Worcestershire Royal Hospital, Worcester
- Be able to describe the different mechanism of action of fascial plane blocks.
 - Awareness of alternative regional analgesic techniques for patients with traumatic rib fractures.
 - Appreciation of the indications and contraindications for SAP, ESP and suprainguinal fascia iliaca blocks.
- 10:00** **Transfer of the critically ill over the COVID pandemic, organisation and outcomes**
Dr Richard Browne
- 10:30** **5 standout papers in the last year related to anaesthesia and critical care**
Dr Jaimin Patel, Birmingham
- 11:00** **Organ donation update – consent, the law and the future**
Dr Tom Billyard, University Hospital Coventry & Warwickshire
- 12:30** **An update in ophthalmic anaesthesia**
Dr Santhana Kannan, Birmingham City Hospital
- Discuss issues relating to oculocardiac and oculo-respiratory reflex
 - Summarize relevant anatomy for eye block
 - State principles of Ultrasound guidance in eye block
 - Describe issues specific to paediatric eye block
 - Apply recent literature evidence on anticoagulation and eye block
- 13:00** **An update in vascular anaesthesia**
Dr Frances Lay, Russells Hall Hospital, Dudley
- Improve awareness of new NICE guidelines
 - Management of ruptured EVAR in the IR suite
 - Improved awareness of new techniques for carotid endarterectomy under local anaesthetic and importance of pre-op assessment.
 - Importance of shared decision-making in vascular surgery
- 13:30** **Enhanced care unit - what, why and how**
Dr Jigneshbhai Patel, Queen Elizabeth Hospital, Birmingham
- What problem are we trying to solve with enhanced care units?



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- What is a perioperative enhanced care unit?
- What are the challenges and benefits of setting up an enhanced care unit?

14:00

Wellbeing for anaesthetists - how to manage and prevent burnout

Dr Emma Plunkett, Queen Elizabeth Hospital, Birmingham

- To explain what wellbeing is and why it is important
- To understand what burnout is, and what it isn't
- To review the data about how prevalent it is in healthcare staff and anaesthetists
- To consider what causes it and what the predisposing and protective factors are
- To appreciate how it can be prevented and managed, reviewing evidence from within and outside healthcare.
- To think about what we can all do differently to create the working environments we want to be part of.